

## Academic Committee Sharing in Morning Assembly



### *Guest Speaker: Mr. Yu Chi Fung, Roy*

The guest speaker was Mr. Yu Chi Fung, Roy, an architect. It has been a problem of Ti-I students trying to excel in studies and visual arts or PE. As a past student, Roy shared his experiences and ideas related to how to strike a balance between his pursuit of excellence in visual arts and studies.

### Sharing of Mr. Yu Chi Fung, Roy

As a ti-lan, we are all-rounded and talented. However, it is always difficult to strike a balance between academic studies and Visual Arts/PE.

#### Studying

##### Priority

I understand that it is not easy to be **multi-tasking**. So we have to **identify** which jobs to be done first. We must focus on **the higher priority tasks** and reschedule less important matters. Sometimes you have to sacrifice something for a bigger target. Different things are competing for our time: sleep, face book, movies or TV. I believe you all are mature enough to make a priority list of them.



### Say "no."

Remember, It's sometimes okay to **say "no."** When you are asked to play or to do something, you need to set bottom lines for yourself; especially for Form 6 students who are being leaders in school. Think before you commit any responsibility, because once you have said yes, you have to be responsible.

### Healthy Body Healthy Mind

Don't let the pressure of public exams overwhelm you. You need to keep a **healthy body and a healthy mind**. Get enough sleep! What is enough varies but at least get 6 hours of sleep a day, especially before the exam.

### Time management

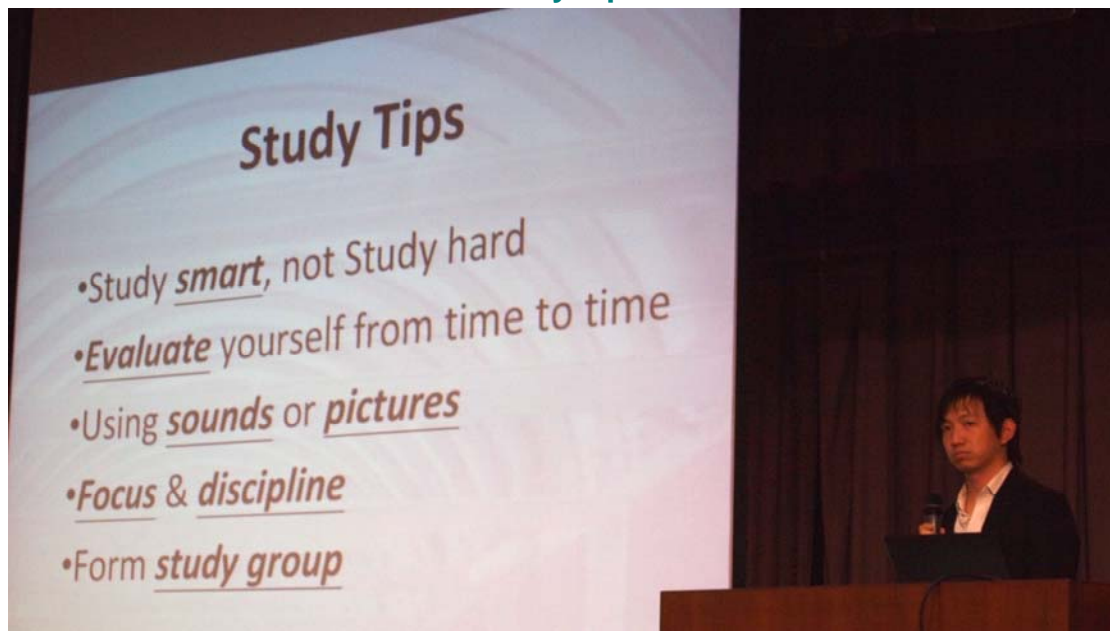
How can we do what we want to do when time is so scarce? That leads to a very important task - time management.

#### **Time = Think, Implement, Motivate & Evaluate**

First, set a realistic **goal and don't be shy to** share it with others.

Be systematic when following a plan. Buy an **organizer** and use it. Make a daily/ weekly **schedule**. Do not plan more than what you can do because almost always things take longer than you think. Pad your schedule; e.g. if you think that a task will take two hours, schedule three hours. Make good use of your "best" time of the day and address the most important tasks at that time. I always like to make countdown tables to remind myself how much time is left before the deadline.

## Study Tips



You all have to learn to study smart, not just study hard.

### *Search the Best Way*

There are various efficient ways of studying. **Evaluate them from time to time** and find the best way for completion of the task. For me, I always like **using sounds or pictures** to memorize stuff. Besides, you need to understand the logic behind everything by always asking yourself “why”. Think through the steps before beginning the assignment.

### *Be Focused*

While you are studying, you need to **focus**. Be disciplined and avoid distractions. You may finish a 2-hour task within one hour.

If you spend time on an i-phone, MSN or facebook every 2 minutes while studying, you are just wasting your study time. You might as well take a break, stop studying and play. *Again, when you are studying remain engaged and focused*

### *Grab Every Minute*

There are moments that have been unused and wasted. Waiting time is one. Make good use of waiting time. Bring along some work with you while you are waiting. **Grab every minute and every second**, I myself have the study notes with me all the time, so I can study while travelling or waiting for others. Make it a habit.

### *Forming of Study Group*

Find yourself a **study group** in which you find positive competition from peers. You may study for a longer period than doing it by yourself. Share your notes or help each other.

#### *Tidy Place*

Set up a **quiet and comfortable work place**. A tidy place helps me to be on task.

## University Life

I was lucky to have such a happy time in my university life. It is always said that there are 5 things in university life, including joining societies and clubs (上莊), living in a dormitory, dating, doing part-time jobs and of course, studying.

Be patient, my fellow students. You may enjoy a fantastic university life later. You will have plenty of opportunities to learn leadership skills, make friends, be independent or even get yourself a boyfriend or girlfriend.

It always takes much longer time or more money to get a degree if your public exam result is not satisfactory. So, I advise you to follow the rules of the game.

According to the 2009 JUPAS data, there are 38,000 A-Level candidates, but only 11,000 can get a place in the university. It means that only 1/3 of the students can realize their university dreams.. And not all can get enrolled into faculties of their choice.

Moreover, we are now facing much steeper **competition from mainland students**. Nowadays, the university campus is full of them. They are all the elites from all over the China. They are hard working and willing to face challenges. They compete fiercely with local students for everything like scholarships, internship, grades and so on.

According to news clippings, HKU is going to reserve 10% of seats for mainland students next year. Therefore, you all need to be fully equipped and prepared for the future.

## Conclusion

Strive for excellence and you won't regret it. Evaluate if you have tried your best every day. Finally, there is one thing that I want to share with you all:

There is nothing too late or too early. 世上沒有事情是太早或是太遲

